



Independence Center, Incorporated

Pre-Employment Transition Services (Pre-ETS)

Fall Sessions 2019

Independence Center
6300 E Virginia Beach Blvd, Norfolk

Work Readiness Training (WRT) and Instruction in Self-Advocacy (ISA) will be taught separately during two fall sessions depending on the needs of the student at ECI.

ECI will cover 18 topics of WRT and 16 topics of ISA (see Syllabus for dates and topics).

WRT-Work Readiness Training

- Fall 1 session will meet every Tuesday and Thursday from October 1, 2019 to October 31, 2019.
- Fall 2 session will meet every Monday, Wednesday and Friday from October 28, 2019 to November 20, 2019
- Individual one-on-one WRT sessions can also be scheduled with date/time frame to be determined.

ISA-Instruction in Self Advocacy at ECI

- Fall 1 session will meet every Monday, Wednesday and Friday from September 30, 2019 to October 18, 2019
- Fall 2 session will meet every Tuesday and Thursday from November 5, 2019 to November 22, 2019
- Individual one-on-one ISA sessions can also be scheduled with date/time frame to be determined.

People with disabilities with direct experience with WRT and ISA will present the topics. Each topic includes a strong emphasis on bringing youth and adult allies together to build support systems that maximize self-determination. This will encourage students to have conversations to explore future goals based on their dreams through a support system, practical steps, and community resources. Students will complete worksheets that allow them to apply the information that is being provided to their own experiences, which provide for a deeper understanding of what was covered. They will also receive handouts that they can take home and share with their family.

If transportation assistance is needed, the Independence Center will provide bus or paratransit tickets for students who live close to a bus line and who are eligible for paratransit.

For more information, please contact Nichole Davis at 757-461-8007 or you can email her at ndavis@endependence.org. Sessions are from 4:30pm to 6:00pm. Referrals for these fall session will be accepted up to two working days before a session begins. We have fifteen (15) slots available per fall session.

The Center for Independent Living serving South Hampton Roads

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