

OCTOBER 1, 2023 -SEPTEMBER 30, 2024



ENDEPENDENCE CENTER

# About the Endependence Center



The Endependence Center, Incorporated (ECI) is a consumer controlled, community-based, cross-disability, non-residential, private, non-profit Center for Independent Living (CIL) operated by and for individuals with disabilities in South Hampton Roads, including the cities of Chesapeake, Franklin, Norfolk, Portsmouth, Suffolk, and Virginia Beach and the counties of Isle of Wight and Southampton.



Chesapeake, Franklin City, Isle of Wight, Norfolk, Portsmouth, Southampton, Suffolk, and Virginia Beach

ECI provides an array of independent living services to individuals with disabilities and to the community.

Our goal is to prepare individuals and to prepare the community for the full integration of people with disabilities into society.

### Message from Executive Director

As we reflect on another incredible year, we are proud to celebrate 43 years of promoting independent living, equal rights, and access for people with disabilities throughout South Hampton Roads. Since 1981, the Endependence Center, Inc. (ECI) has been steadfast in our commitment to advocating for the disability community and empowering individuals to lead independent, fulfilling lives.

We want to take this opportunity to extend our heartfelt thanks to our community partners, ECI participants, Board Members, and dedicated staff. Your unwavering efforts and support has been instrumental in making this another successful year. Together, we have strengthened our ability to advocate for disability rights and provide vital services to the community.

A cornerstone of our mission is ensuring that people with disabilities have access to the services and resources they need to live independently in their communities. Every service we offer is rooted in the independent living philosophy, which emphasizes equal opportunities in all aspects of life.

As we enter 2025, we recognize that while much progress has been made, there is still more work to do. Access, inclusion, and advocacy will continue to be our priorities, and we are committed to addressing these challenges with the same passion and determination as in years past.

Thank you for being an essential part of our journey. We look forward to continuing this important work together and building a future where everyone has the opportunity to thrive.

# Independent Living Core Services

As a Center for Independent Living, ECI provides five Core Services:

Number of People Receiving Service:

**Peer Mentoring** Connecting with other people with disabilities for support and opportunities to share valuable life experiences - this model is based on the belief that a Peer Mentor with shared disability related experiences is the best guide to independence.

112

**Independent Living Skills Training** Participants identify training needs to gain skills for living independently. Monthly workshops with rotating topics are offered as well. Participants who set personal goals and choose to work with a Peer Mentor also gain independent living skills throughout the mentoring process.

56

**Transition** ECI staff coordinates resources and services to help prevent individuals with disabilities from going into a nursing facility or institution and to enable individuals with disabilities to leave nursing facilities or institutions. For youth (14 to 24) with disabilities, ECI provides independent living services that empower youth to achieve self-determination and independence in the community.

78

**Information and Referral** ECI connects individuals with resources and services in the community, including transportation, healthcare, and legal assistance.

187

**Advocacy** Assistance is provided to individuals with disabilities to resolve discrimination complaints. Staff members participate in various activities that result in positive changes and greater accessibility and are involved in a number of systems advocacy efforts locally, regionally and across Virginia.

223

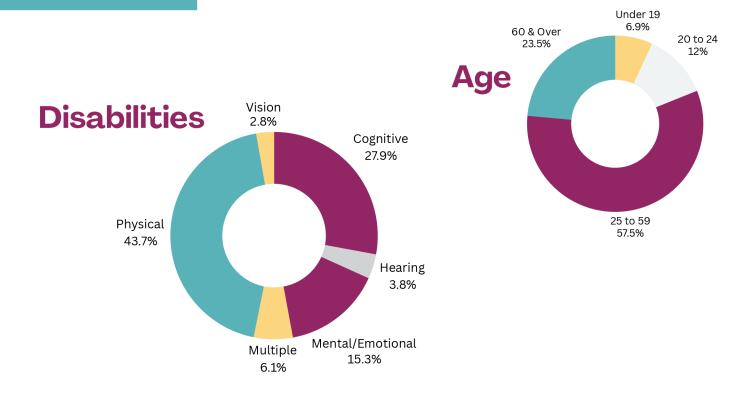
## **Additional Services**

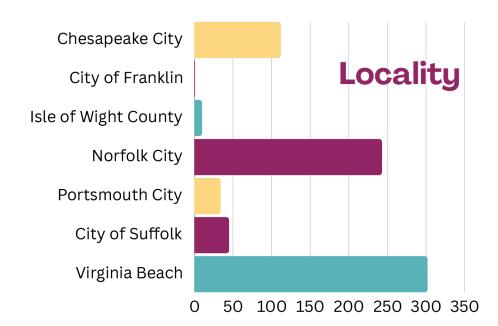
- Assistive technology for people who are Deaf or Hard of Hearing
- Career supports
- Community education
- · Technical assistance
- · Virginia Housing home modifications for renters, homeowners, and military veterans.
- Services facilitation for people using Medicaid consumer-directed home and communitybased services
- Pre-Employment Transition Services for youth with disabilities

# Who We Serve Participants

756

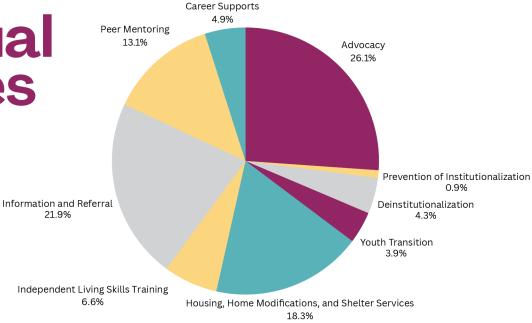
Participants engaged with ECI





## Service Data





Community Hours



3,072 community contacts

## Accomplishments Highlights

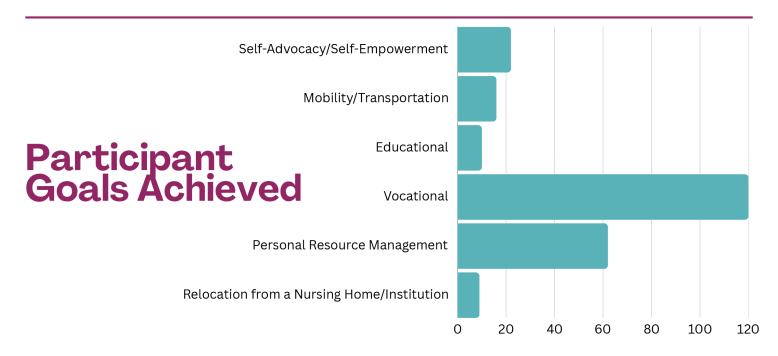
Delores successfully made the transition from a nursing facility to independent community living. Her journey was not without its challenges. One of her significant hurdles was obtaining crucial identification documents to be able to even apply for housing. After applying to several different subsidized housing complexes and spending a full year on the waitlist for affordable housing, Delores moved into her new home.

Once Delores moved into her new home, she encountered further setbacks related to her paperwork from the facility and issues with her insurance provider. These challenges made her initial adjustment to independence more complicated. Despite these obstacles, Delores has now been living in her own apartment for the past six months and is actively working on maintaining her independence while adjusting to the intricacies of community living. She is taking steps to integrate herself fully into her neighborhood, forming connections and establishing a routine that promotes her autonomy and well-being.

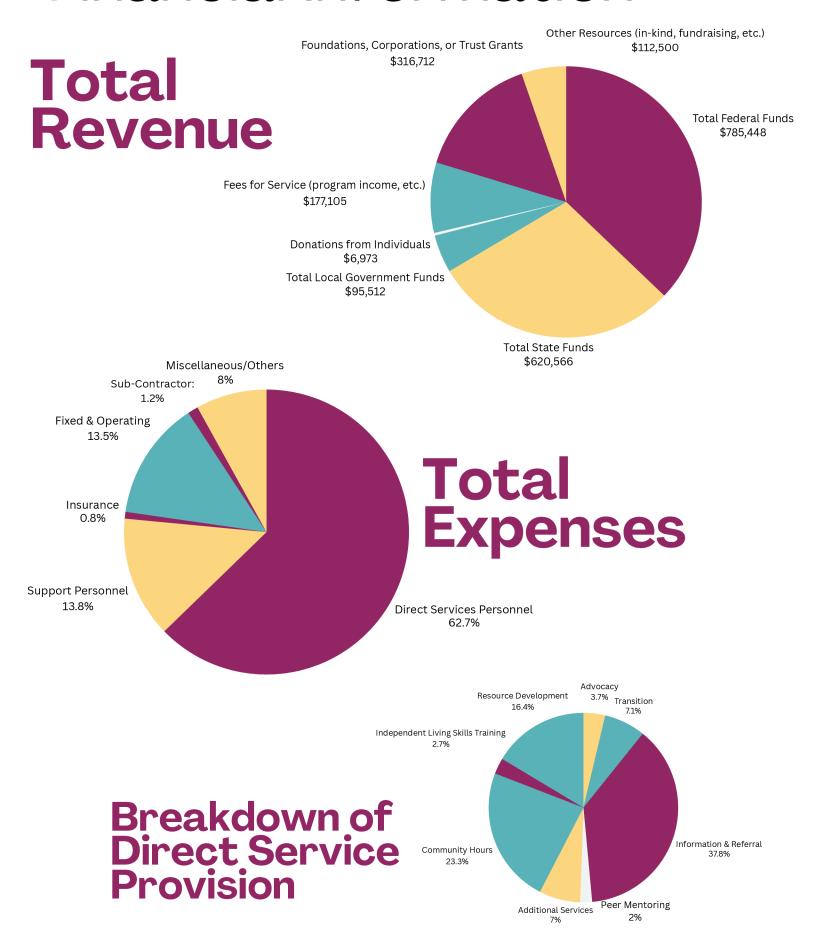
Gigi has been an active participant at the Endependence Center for many years. Five years ago, she faced homelessness, relying on the support of family and friends for shelter, often sleeping on their couches or in her RV while waiting for stable housing.

Determined to find a permanent home, Gigi applied to numerous subsidized housing programs. However, her dream was always to live at Sullivan House. After years on various waiting lists, she finally received a letter from Sullivan House requesting additional documentation to proceed with her application. She was prepared and able to submit all necessary paperwork without delay.

A few weeks later, Gigi received the life-changing news—she had been approved for housing. Her journey was long and filled with challenges, but she never gave up. Through perseverance and determination, she achieved her goal of securing a home, demonstrating the power of resilience and the importance of accessible housing resources.



## Financial Information



#### **Board of Directors for Reporting Period**

Lisbet Dula, President Nancy Perry, Vice President Cee-Cee Simmons, Treasurer Claudia Godoy Deon Latham Erika Neville Deanna Smith Malcolm Higgins Kambria Lannetti Ed Turner

### Staff List for Reporting Period

Nichole Davis, Executive Director Sarah Bailey, Youth Independent Living Coordinator Matt Ballard, Administrative Assistant Olivia Brichter, Youth Independent Living Coordinator Maureen Chappell, Employment Coordinator Felicia Brown, Facilitation Coordinator Jackie Brown, Receptionist Vantoria Clay, Housing Coordinator Frances Durham, Community Work Incentives Coordinator Jeanette Flanders, Community Work Incentives Coordinator Catrina Flowers, Bookkeeper Emily Hoapili, Operations Manager Shernika Holley, Deaf & Hard of Hearing Outreach Coordinator Maureen Hollowell, Director of Advocacy & Services Linda Johnson, Director of Employment Programs Katherine Keesler, Personal Care Attendant Rena Lewis, Independent Living Coordinator Tammy Manno, Administrative Assistant Amy Ouellette, Independent Living Coordinator Carol Robinson, Employment Coordinator Montrell Rodgers, Independent Living Coordinator Amadeo San Antonio, Finance Director Paige Shaw, Independent Living Coordinator Cheryl Simpson, Director of Operations & Employment Programs Ben White, Employment Coordinator Travis Webb, Independent Living Coordinator

Latoshia Wilson-Nixon, Independent Living Coordinator



### **Endependence** Center, Inc.



endependence.org



757-461-8007



ecinorf@endependence.org





6300 E. Virginia Beach Blvd. Norfolk, VA 23502